

## Staff at the Cerdanyola factory take more than a million steps in four weeks



The winners, accompanied by Josep Sala and Ángel Domínguez

The staff at the Cerdanyola factory have participated in the “Walk, be healthy and win!” campaign, organized by the health prevention service, and they walked more than a million of steps, a distance equivalent to going from Cerdanyola to Geneva.

For four weeks, the challenge participants walked at least 10,000 steps a day, the distance recommended by the WHO, with the winners being the people who added the most steps at the end.

Antonio Gómez González was proclaimed the undisputed winner with a total of 508,701 steps, followed by Luís Buitrago Casero, with 321,879 steps and Joaquín Silva Gamero, in third place, with 207,497 steps.

It should be noted that the Cerdanyola staff carried out this challenge in the middle of summer, facing an obstacle daily that didn’t stop them: the high temperatures; so it’s not surprising that the factory decided to reward all the participants in this challenge for their effort and merits achieved.

Ángel Domínguez, head of industrial relations at the factory, and Josep Sala, doctor of the health prevention service and promoter of the competition, were in charge of giving the winners some well-deserved gift vouchers for a stay in a hotel with a spa.

Cerdanyola, September 16, 2024